



MARCH

JOURNAL PROMPTS



1. A favorite song lyric
2. The thing you always forget to pack
3. A fictional character you'd like to switch places with
4. Something to let go of
5. What do you want more of?
6. A typical grocery list
7. A fact you don't usually tell people
8. What does it take to make a friend?
9. The thing that makes you excited
10. Everyone needs...
11. The best place to be
12. How do you focus?
13. Who is your "cheerleader?"
14. The goal you are working towards now
15. Three small steps towards your goal
16. The most inspiring person you've met
17. How would you describe yourself?
18. A few words of advice to someone younger
19. Ten things you learned in the past year
20. What is the most important thing in life?
21. An idea that seems great, but actually isn't
22. Five books everyone should read
23. Where do you most want to travel?
24. What are you good at?
25. Three things you learned today
26. Something you are looking forward to
27. Pick a movie character you identify with
28. Ten things you love about spring
29. Are you patient?
30. Describe a childhood memory
31. List some favorite jokes